



ORARI FITNESS

2025/2026 SANT'EUGENIO!

LUN	MAR	MER	GIO	VEN	SAB
		8.15 POSTURAL STRECHING	6.45 YOGA MARTINA		
10.15 PILATES LAURA			10.15 PILATES LAURA	11.00 POSTURAL STRECHING VERONICA	10.00 YOGA MARTINA
13.30 FUNTIONAL TBW GINEVRA		13.15 PILATES AL MURO VERONICA		13.15 FITNESS DANCE VERONICA	
		19.00 PILATES AL MURO LAURA			
20.00 YOGA SILVIA		20.00 YOGA MARTINA		20.00 PILATES MARTINA	